

| TIME | TOPIC | FACULTY |
|---------------|--|---|
| 08:00 - 08:45 | Registration | |
| 08:45 - 09:00 | Introduction & Welcome | |
| 09:00 - 09:45 | SANSKARAM - Day to day practice in Shoulder OPD <i>Moderators: Ashutosh Ajri, Nandan Adla</i> | |
| 09:00 - 09:15 | Shoulder examination in OPD - How I do it | Vivek Pandey |
| 09:15 - 09:25 | Clinical Approach to Overhead athlete | Nandan Adla |
| 09:25 - 09:35 | Plain radiographs in Shoulder - Is it obsolete now? | Ishan Shevate |
| 09:35 - 09:45 | MRI scan reading simplified- Shoulder surgeons perspective | Jitendra Maheshwari |
| 09:45 - 10:00 | Discussion | |
| 10:00 - 11:00 | UPASANA - Shoulder Instability Mastering use of Imaging tools and subsequent decision making <i>Moderators: Harvinder Singh, Mukesh Laddha</i> | |
| 10:00 - 10:10 | Calculating Glenoid bone loss in instability | IPS Oberoi |
| 10:10 - 10:20 | Hill Sachs- on track off track - How do I know it | Nagraj Shetty |
| 10:20 - 10:30 | Algorithm to treat glenohumeral bone loss | Sanjay Trivedi |
| 10:30 - 10:40 | Fate of the bone graft for anterior glenoid defects | Miguel R I |
| 10:40 - 10:45 | Discussion | |
| 10:45 - 11:00 | GURU VACHAN - Key Note Address: Changing trends of Shoulder instability repair and my journey over the years <i>Moderators: Roshan Wade, Sanjay Trivedi</i> | Ashish Babhulkar |
| 11:00 - 12:00 | GURU PRATYAKSHIK - Relive / LIVE SURGERY 1: Bankart Plus Surgery for Bipolar Bone Loss <i>Moderators: Miguel R I, Roshan Wade</i> | Nilesh Kamat |
| 12:00 - 13:00 | ACHARYA SABHA 1 - Shoulder Instability Case Based Scenario: Panel Discussion - Worked up cases Bankart Plus Surgeries- When, Why and How <i>Moderators: Miguel R I, IPS Oberoi</i> | |
| 12:00 - 12:10 | Bankart repair - Knotted Vs Knotless | Ruben Manohara |
| 12:10 - 12:20 | Bankart plus remplissage | Mukesh Laddha |
| 12:20 - 12:30 | Arthroscopic Glenoid reconstruction with free bone graft | Shirish Pathak |
| 12:30 - 12:40 | Arthrolatarjet with Bankart | Ashish Babhulkar |
| 12:40 - 12:50 | Revision bankart repair | Nilesh Kamat |
| 12:50 - 13:00 | Discussion | |
| 13:00 - 14:00 | LUNCH | |
| 14:00 - 14:45 | GURU PRATYAKSHIK - Relive / LIVE SURGERY 2 : Arthroscopic Cuff repair with bioinductive patch <i>Moderators: Shirish Pathak, Jitendra Maheshwari</i> | Miguel R I / Nilesh Kamat |
| 14:50 - 15:00 | ACHARYA SABHA 2 - ROTATOR CUFF TEAR Case Based Scenario- Panel Discussion- Worked up cases Rotator Cuff repair Plus Surgeries- When, Why and How <i>Moderators: Richard Lloyd, Vivek Pandey</i> | |
| 14:50 - 15:00 | Cuff repair with Bicep SCR augmentation | Sanjay Trivedi |
| 15:10 - 15:20 | Cuff repair with synthetic patch | Ashish Babhulkar |
| 15:20 - 15:30 | Cuff repair with graft Jacket | Amit Modi |
| 15:30 - 15:40 | SCR with TFL | Ayyappan V Nair |
| 15:40 - 15:50 | Contemporary trends in tendon transfer for rotator cuff deficient shoulders | Miguel R I |
| | Question and Answers | |
| 15:50 - 16:10 | GURU VACHAN - Key Note Address: Rotator cuff repair: From mechanical Reconstruction to biological healing <i>Moderators: Nilesh Kamat, Ayyappan V Nair</i> | Miguel R I |
| 16:10 - 16:20 | Inauguration Programme PSC 25 | Parag Sancheti, Sachin Tapasvi, POS Hon.: President, Secretary, SESI Hon.: President, Secretary, MOA Hon.: President, Secretary |
| 16:20 - 17:20 | GURU PRATYAKSHIK - Relive / LIVE SURGERY 3: Arthroscopic Cuff Repair With Synthetic Graft <i>Moderators: Ashish Babhulkar, Amit Modi</i> | IPS Oberoi |
| 17:20 - 18:45 | MASTER SESSIONS - PRODUCT WORKSHOPS | |

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| 08:00 - 10:00 | GURU PRATYAKSHIK - Relive / LIVE SURGERY SURGERY 4: Reverse Shoulder arthroplasty for Cuff arthropathy (Application of detailed software based 3 D planning with intraop execution) <i>Moderators: Nilesh Kamat, Ayyappan V Nair</i> | Richard Lloyd / Shirish Pathak |
| 10:00 - 11:00 | ARTHROPLASTY SUTRA - for Degenerative Arthritis <i>Moderators: Jitendra Maheshwari, Radhakant Pandey</i> | |
| 10:00- 10:10 | Biomechanics of Anatomical and Reverse Shoulder | Karthik Selvaraj |
| 10:10 - 10:20 | Understanding Glenoid wear pattern and classification | Ashutosh Ajri |
| 10:20 - 10:30 | Preop planning for Shoulder arthroplasty using convetional tools - X ray and CT scan | Jitendra Maheshwari |
| 10:30 - 10:40 | Preop planning for RSA using VIP | Ayyappan V Nair |
| 10:40 -10:50 | Lateralization & using glenoid augments in Reverse Shoulder replacement surgery | Ruben Manohara |
| 10:50 - 11:00 | Discussion | |
| 11:00 - 12:00 | ACHARYA SABHA 3 - Reverse Shoulder Arthroplasty Case Based Scenario: Panel Discussion - Worked up cases RSA Plus Surgeries - When, Why and How <i>Moderators: Nandan Adla, Karthik Selvaraj</i> | |
| 11:00 - 11:10 | RSA with augmented glenoid | Richard Lloyd |
| 11:10 - 11:20 | BIO RSA | Ashish Babhulkar |
| 11:20 - 11:30 | Revision RSA for failed fixation/hemi | Radhakant Pandey |
| 11:30 - 11:40 | RSA using navigation | Harvinder Singh |
| 11:40 - 12:00 | GURU VAACHAN - Key Note Address: Reverse Shoulder arthroplasty - designs, rationale & my preference <i>Moderators: Shirish Pathak, Ishan Shevate</i> | Richard Lloyd |
| 12:00 - 12:20 | GURU VAACHAN - Key Note Address: Solutions for massive glenoid defects in shoulder arthroplasty - a patient specific glenoid vault reconstruction system <i>Moderators: Miguel R I, Nagraj Shetty</i> | Ruben Manohara |
| 12:20 - 13:15 | GURU PRATYAKSHIK - Relive / LIVE SURGERY 5: Arthroscopic Cuff Repair with Dermal Patch Augmentation <i>Moderators: Ruben Manohara, Amit Modi</i> | Shirish Pathak |
| 13:15 - 14:00 | Lunch | |
| 14:00 - 14:40 | GURU PRASADAM - Complex Shoulder Trauma <i>Moderators: Radhakant Pandey, Ashutosh Ajri</i> | |
| 14:00 - 14:10 | Scapular fracture plating (SSC complex double disruption) | Nilesh Kamat |
| 14:10 - 14:20 | 3/4 Part fracture - Treatment algorithym | Nandan Adla |
| 14:20 - 14:30 | Clavicle Fracture treatment - Connsensus in 2025 | Vivek Pandey |
| 14:30 - 14:40 | AC joint dislocation - when to operate and How I operate | Nagraj Shetty |
| 14:40 - 15:00 | Discussion | |
| 15:00 - 16:00 | GURU PRATYAKSHIK - Relive / LIVE SURGERY 6: Reverse Shoulder Arthroplasty with Augmented Glenoid (preoperative planning with software) <i>Moderators: Ashish Babhulkar, Nagraj Shetty</i> | Ruben Manohara / Nilesh Kamat |
| 16:00 onwards | VOTE OF THANKS AND ADJOURN | |

